



# HONG KONG TAOIST ASSOCIATION THE YUEN YUEN INSTITUTE NO.3 SECONDARY SCHOOL 香港道教聯合會圓玄學院第三中學



School Profile  
學校簡介

2024

明道立德



## School Mission 辦學宗旨

Our vision is to provide within a nurturing and stimulating environment a well-balanced Taoist education. In accordance with our motto **Grasping Principles, Cultivating Virtues**, we are dedicated to developing students into responsible, knowledgeable and compassionate citizens. Through the all-round moral, intellectual, physical, social and aesthetic development, students are imbued with sound moral values and remarkable academic achievements in holistic education.

本校秉承母會「以道為宗，以德為化，以修為教，以仁為育」的辦學宗旨，推行「道化教育」，並以「明道立德」為校訓，透過品德和學業兼備的全人教育，使學生在德、智、體、群、美各方面都得到全面發展。

## Subjects Offered 開辦課程

Subject 科目	Junior Form (S.1-S.3) 初中 *	Senior Form (S.4-S.6) 高中
Chinese Language 中國語文	✓	✓
English Language 英國語文	✓	✓
Mathematics 數學	✓ ●	✓ ●
Mathematics (Extended Module 2) 數學(延伸部分單元二)		✓
Life and Society 生活與社會	✓	
Citizenship and Social Development 公民與社會發展科		✓
Integrated Science 綜合科學	✓ ●	
Physics 物理		✓
Chemistry 化學		✓
Biology 生物		✓
School-based STEAM Education STEM校本課程	✓	
Chinese Literature 中國文學		✓
Chinese History 中國歷史	✓	✓
History 歷史	✓	✓
Economics 經濟		✓
Geography 地理	✓	✓
Business, Accounting and Financial Studies 企業、會計與財務概論		✓
Ethics and Religious Studies 宗教倫理	✓	✓
Computer Literacy 普通電腦	✓ ●	
Information and Communication Technology 資訊及通訊科技		✓
Tourism and Hospitality Studies 旅遊與款待		✓
Putonghua 普通話	✓	✓
Visual Arts 視覺藝術	✓	✓
Arts Education 藝術教育		✓
Music 音樂	✓	
Design and Technology 設計與科技	✓	
Home Economics 家政	✓	
Physical Education 體育	✓	✓
Life Education 生活教育	✓	✓
Applied Learning Subject 應用學習 (30 modules / 30項)		✓ ■

● In accordance with the fine-tuning policy, English would be the medium of instruction for some modules in some of the S.1 to S.6 classes for Mathematics, Computer Literacy and Integrated Science. 中一至中六級部份班別的數學、普通電腦及綜合科學施行教學語言微調政策，部分單元採用英語教學。

\* NCS students learn Mathematics, Life and Society, Citizenship and Social Development, Integrated Science, Biology, Chemistry, Physics, Computer Literacy, Geography, History, Ethics & Religious Studies and School-based STEAM Education in English. 非華語學生以英語學習數學、生活與社會、公民與社會發展、綜合科學、生物、化學、物理、普通電腦、地理、歷史、宗教倫理及STEAM校本課程。

■ Students are free to select 1 module out of more than 30 modules for Applied Learning. 應用學習課程多達30項，學生可自由選擇其中1項。

Resources are specially allocated for senior secondary curriculum and the teacher-student ratio of elective subjects is 1:10.  
於高中課程特設資源，選修科的師生比達1:10。

# Outstanding Result 驕人成績

圓玄三中英才輩出 2023年文憑試成績驕人  
YY3 ACHIEVES PHENOMENAL SUCCESS IN HKDSE 2023



香港大學 HKU	園境學 Landscape Studies 工學 Engineering	古恩雨 SINGCULAN GWYNETH TAJANLANGIT 梁朗曦 LEUNG LONG HEY
香港中文大學 CUHK	歷史 History 藥劑學 Pharmacy	鄭政言 ZHENG ZHENGYAN 劉俊輝 LIU CHUN FAI
香港科技大學 HKUST	工程學 Engineering	吳俊樊 WU CHUN FAN
香港浸會大學 HKBU	理學 Science	林芷兒 LAM TSZ YI FIONA
香港城市大學 CityU	管理科學 Management Sciences 英語語言 English	林煒琪 LAM WAI KI ANDY 董賢新 DHUNGANA NISSAN
香港嶺南大學 LingU	數據科學 Data Science 當代英語語言文學課程 Contemporary English Studies	陳以恆 CHEN YI HENG 何愛妮 BRAR AVNEEK KAUR

The Road to University

**MANLANGIT Donna Izabel**  
莫紫柔  
The University of Hong Kong  
Bachelor of Arts  
香港大學文學士

**SINGH Harmanjit**  
高文昇  
The University of Hong Kong  
Bachelor of Journalism  
香港大學新聞學學士

**LAI Ka Ki Christina**  
賴嘉琦  
The University of Hong Kong  
Bachelor of Journalism  
香港大學新聞學學士

**ABDUL Waheed**  
古華希  
The University of Hong Kong  
Bachelor of Science  
香港大學理學士

**LAI Yu Ming**  
賴譽銘  
The University of Hong Kong  
Bachelor of Science  
香港大學理學士

**LIANG Keying**  
梁可盈  
The University of Hong Kong  
Bachelor of Social Sciences  
香港大學社會科學學士

**LAI Chun Kit**  
賴俊傑  
The University of Hong Kong  
Bachelor of Engineering in Biomedical Engineering  
香港大學工學學士(生物醫學工程)

**HUSSAIN Iman**  
許毅文  
The University of Hong Kong  
Bachelor of Business Administration in Accounting and Finance  
香港大學工商管理學學士(會計及財務)

**ZHENG Jiajia**  
鄭嘉嘉  
The University of Hong Kong  
Bachelor of Science  
香港大學理學士

**SIDHU Sonjot Singh**  
施雄生  
The University of Hong Kong  
Bachelor of Arts  
香港大學文學士

**FAROOQ JANITA**  
珍尼達  
The University of Hong Kong  
Bachelor of Business Administration in Accounting and Finance  
香港大學工商管理學學士(會計及財務)



Hong Kong Economic Times  
經濟日報



South China Morning Post  
南華早報



Sing Tao Daily  
星島日報



South China Morning Post  
南華早報



# Professional Teachers 專業教師

Our school has highly emphasized building up and nurturing an excellent team of professional teachers. Since the founding of the school, a number of teachers have received excellent and outstanding teachers' awards. Our teachers have participated actively in professional studies and taken up posts in different education organizations and professional bodies.

本校非常重視建立及培養優秀卓越的教師團隊。開校以來，多位老師曾獲優秀及傑出教師獎項，積極進行專業研究，並出任不同教育委員會及專業團體公職。

## Lai Chun Wing, Alan 賴俊榮 (1)

Chairman of Sai Kung District School Heads Association  
西貢區校長會 主席  
Chairman of Sai Kung & Tseung Kwan O Secondary School Heads Association  
西貢及將軍澳中學校長會 主席  
Vice-Chairman of New Territories School Heads Association  
新界校長會 副主席  
Vice-President of "Share & Learn Crescent"  
「共享學習天地」 副會長  
Vice-Chairman of New Territories East Elder Academies Cluster Governing Committee  
新界東長者學苑聯網管治委員會 副主席  
Active Member of District Youth Development and Civic Education Committee (Sai Kung District)  
地區青年發展及公民教育委員會 (西貢區) 委員  
Secretary of The Hong Kong Girl Guides (Sai Kung & Tseung Kwan O District Association)  
香港女童軍 (西貢及將軍澳分區) 秘書  
2010 and 2016 Awardee of Outstanding Teacher Election - HKFEW  
香港教育工作者聯會「2010及2016優秀教師」  
2022 Awardee of Secretary for Home Affairs' Commendation Scheme  
民政事務局局長嘉許狀2022

## Ma Bik Man 馬碧雯 (2)

Chairperson of EDB Curriculum Development Council (Ad Hoc Committee on Supporting Non-Chinese Speaking Students Learning Chinese History and Chinese Culture)  
教育局課程發展議會支援非華語學生學習中國歷史及中國文化特別委員會主席  
Member of EDB Curriculum Development Council (Personal, Social & Humanities Education)  
教育局課程發展議會個人、社會及人文教育委員  
Member of the Subject Committee of HKEAA HKDSE (History)  
香港考試及評核局中學文憑試科目委員會委員(歷史科)  
Member of CDC-HKEAA Committee on History  
課程發展議會-香港考試及評核局歷史委員會委員  
"Awardee of Outstanding Teacher Election by HKFEW (2007)  
香港教育工作者聯會主辦「優秀教師」獎得主 (2007)

## Li Kwan Foon 利群歡 (3)

Committee member of Education Committee in Hong Kong Organ Transplant Foundation  
香港器官移植基金會教育委員會委員  
Awardee of Outstanding Teacher Election by HKFEW (2011)  
香港教育工作者聯會主辦「優秀教師」獎得主 (2011)  
Excellent Teaching Plan of Hong Kong Liberal Studies Organization (2011-2012)  
香港通識教育協會優異教案 (2011-2012)

## Lai Chun Kit 黎震傑 (4)

Former 2nd Vice-chairman of the Standing Committee of the Federation of Parent-Teacher Associations of the Sai Kung District  
曾任西貢區家長教師會聯會常務委員會第二副主席  
Outstanding Student of the Education Administration and Management Course for Senior School Administrators in Secondary School of HKBU Department of Education Studies  
香港浸會大學教育學系中學高級行政人員教育行政及管理課程傑出學員

## Chan Hon Yin 陳翰賢 (5)

District Coordinator of the HKEAA HKDSE (ICT)  
香港考試及評核局中學文憑試 (資訊及通訊科技科)分區統籌

## Lor Kwok Wai 羅國偉 (6)

Awardee of "The 4th Outstanding Teaching Award for Moral Education" (Secondary)  
第四屆品德教育傑出教學獎(中學)

## Chan Yan Hung 陳恩鴻 (7)

Awardee of "Top Ten STEM Teacher Award" in the Greater Bay Area STEM Excellence Award 2023 (HKSAR) by HKNETEA  
2023大灣區STEM卓越獎(香港區)「十佳老師」大獎

## Leung Tung Yuen 梁東源 (8)

Awardee of Outstanding Teacher Election by HKFEW (2018)  
香港教育工作者聯會主辦「優秀教師」獎得主 (2018)  
Awardee of Excellent Mentoring Teacher of Partnership and Field Experience School 2016-2017 by The Education University of Hong Kong  
香港教育大學2016-2017年度實習學校「優秀教學啟導教師」

## Cheung Chin Wai 張展威 (9)

Vice-Chairman of China (HK) Teachers' Volunteers Union  
中國香港教師義工總會副主席  
Awardee of Outstanding Teacher Election by HKFEW(2021)  
香港教育工作者聯會主辦「優秀教師」獎得主 (2021)  
School Coach Recognition Awards, Jockey Club Hong Kong Coaching Awards, The Hong Kong Sports Institute, Hong Kong Coaching Committee  
香港體育學院、香港教練培訓委員會賽馬會香港優秀教練選舉學校優秀教練獎  
Awardee of Physical Education Teacher Award by Sport Expo 2023  
2023體育老師嘉許禮「傑出體育老師」得主

## Yip Sai Hung 葉世雄 (10)

Awardee of Outstanding Teacher Election by HKFEW (2016)  
香港教育工作者聯會主辦「優秀教師」獎得主 (2016)

## Hui Man Wing 許文穎 (11)

Awardee of "Outstanding Award for Teacher" in the Hong Kong School Elite Competition 2023 by HKITDC  
全港學界狀元爭霸戰2023「傑出導師大獎」

## Lun Yuen Ying 倫源雲 (12)

Awardee of "The 4th Outstanding Teaching Award for Moral Education"(Secondary)  
第四屆品德教育傑出教學獎(中學)

## Cheung Ping Kit 張炳傑 (13)

Curriculum Development Council on Chinese Language Education Member  
課程發展議會中國語文教育委員會會員  
Awardee of Outstanding Teacher Election by HKFEW (2015, 2019)  
香港教育工作者聯會主辦「優秀教師」獎得主 (2015, 2019)  
Awardee of "The 4th Outstanding Teaching Award for Moral Education"(Secondary)  
第四屆品德教育傑出教學獎(中學)  
Resource Teachers of Language Learning Support Section, Education Bureau  
香港教育局語文教學支援組 - 社群領航教師

## Chan Chuen Ho 陳鑽好 (14)

Awardee of Outstanding Teacher Election by HKFEW (2019)  
香港教育工作者聯會主辦「優秀教師」獎得主 (2019)

## Yiu So Mui 姚素梅 (15)

Awardee of Outstanding Teacher Election by HKFEW (2019)  
香港教育工作者聯會主辦「優秀教師」獎得主 (2019)

## Lam Yuen Ming 林遠明 (16)

Vice-chairman of Joyous Foundation  
樂兒計劃成長基金副主席  
Awardee of Outstanding ECA Teacher by ECA EXPO 2023  
2023課外活動節「傑出課外活動老師」得主

## Fan Xing Yan 樊星言 (17)

Awardee of Outstanding ECA Teacher by ECA EXPO 2023  
2023課外活動節「傑出課外活動老師」得主

# External School Review by the EDB YY3 Receives Excellent Commendation 最新教育局校外評核 圓玄三中再獲優異評價 高度肯定各項辦學成就

Education Bureau (EDB) has undertaken External School Review (ESR) of our school in 2017. This was the third ESR in our school history. Following the previous ESR reports, our school again received excellent comments from the EDB. Our school has performed excellently in the four main domains. This has definitely confirmed the efforts and achievements of our teachers and students.

教育局於2017年為本校進行第三次校外評核，繼上次「校外評核報告」獲優異評級後，本校再次獲教育局高度評價，於四大範疇均表現理想，大大肯定了本校師生的努力及成就。



Mr. Lee Ming Kin (3<sup>rd</sup> Front Left), leader of the ESR team and the team member of Quality Assurance Division, EDB took a photo with our school management team.  
教育局質素保證分部李明建先生(前左三)領導的校外評核隊伍與我校領導合照。

The following is an excerpt from External School Review (ESR):  
以下內容節錄自2017校外評核報告：

## Learning and Teaching 【學與教】

- The school made good use of internal and external resources to provide enhancement and remedial classes for different students in order to enhance the performance of students with different levels of competence and cater for the diverse learning needs of students with varied abilities effectively.

學校善用校內及校外的資源，為不同學生安排精補班和輔導班，達到拔尖、補底、扶中的果效，有效照顧不同能力的學生。

- The teachers are nice and friendly, put a lot of effort into lesson preparation and had clear teaching objectives. The students were attentive during lessons and follow the teachers' instructions. They were eager to participate in the class activities.

教師用心備課，教學目標清晰，態度友善親切；學生在課堂表現專注，遵循教師指示，樂於參與課堂活動。



## 第四屆品德教育傑出教學獎 頒獎典禮暨分享會



## Student Performance 【學生表現】

- High value-added level achieved in students' results and students often achieved awards in various activities.  
學生成績增值率高，在活動方面亦經常獲獎。
- The students observe the school rules, demonstrate a strong sense of belonging to the school and demonstrate cooperation among peers in various activities.  
學生守規，有強烈的歸屬感，能從不同活動中展示朋輩互助精神。
- The students love the school and respect the teachers. They could get along with each other with mutual support and love each other.  
學生喜愛學校，尊敬師長，並能融洽相處，互相支援，愛護朋輩。

## School Ethos and Student Support 【校風及學生支援】

- The school made a great effort and detailed planning to create a caring campus.  
學校在建立關愛校園方面有很大的付出和仔細的計劃。
- The school's measures are in line with the overall concept of 'Inclusive Education'. The school attends to and caters to the needs of all students, including the foreign students and the students with special educational needs.  
學校的措施符合共融的大概念，不論外籍學生或有特殊學習需要的學生，都能受到關注和照顧。

## Sustainable Development 【學校的持續發展】

- The school has provided equal and quality education opportunities for the students since its establishment and endeavour to nurture the students in the five domains of education.  
學校多年來為學生提供平等、優質的教育機會，並悉心培育學生的五育發展。
- The school's management, being very familiar with the trends in education development, emphasizes team spirit and guides the students to develop according to the established targets.  
學校領導層熟悉教育發展趨勢，著重團隊精神，帶領學生按既定目標發展。



# Learning and Teaching 學與教



Reading with Fun Programme  
悅讀越多FUN計劃

## Reading with Fun Programme 悅讀越多FUN計劃

To encourage students' enthusiasm in reading, awards are presented to them according to the number of books they have read.

透過不同獎勵，鼓勵學生積極閱讀課外書籍。

## Learning Enhancement Scheme 學習風氣提升計劃

Students from all forms are supported with supplementary lessons of different levels to enhance academic results.

安排中一至中六級學生於課後進行不同程度的精補課程，提升學業成績。



High value-added teachers in YY3  
圖玄三中高增值優秀教師團隊





English Drama Training Workshop  
英語戲劇培訓課程



Applied Learning Curriculum 應用學習課程



Japan Exchange Tour 日本交流團

## English Enhancement Scheme 英語提升計劃

Implement various English enhancement programmes including English Drama training workshop, English Camp etc.

推行多項計劃，提升同學英語水平，如：英語戲劇培訓課程、英語營等。

## S.1 Preparation Course 中一新生預備課程

A variety of activities which last for several weeks, including lessons of junior secondary subjects and extra-curricular activities, are arranged for S.1 students to adapt to secondary school life.

透過為期數星期的活動及銜接課程，讓新生及早適應中學生活。

## Effective Use of Resources 善用校外資源

Make good use of external resources, actively cooperate with education professionals such as EDB and universities to provide quality education to students.

善用校外資源，積極與教育局、大學等教育專業團隊合作，為學生提供優質教育。

## Applied Learning Curriculum 應用學習課程

Following the introduction of Applied Learning in the NSS curriculum, the school has arranged more than 30 elective subjects including aviation, jewelry design etc. to let students have more choices.

新高中開辦30多項應用學習課程，包括：航空學、珠寶藝術及設計等，讓學生有更多選擇。

## Study Tours 遊學及考察團

The school has organized different overseas and mainland tours like tours to Sydney, the United Kingdom, South Korea, Malaysia, Singapore, Beijing, Hainan etc, broadening students' horizons.

每年舉辦多個不同的國內及國外遊學團，如「悉尼之旅」、「英國之旅」、「南韓之旅」、「馬來西亞之旅」、「新加坡之旅」、「北京之旅」、「海南之旅」等，擴闊學生視野。



S.1 Preparation Course 中一新生預備課程



South Korea Exchange Tour 南韓交流團

## 2023-24 電子學習獎勵計劃 「一生一平板」 E-LEARNING REWARD SCHEME 2023-24 'ONE STUDENT ONE TABLET'

校方將全額資助中一新生於本校就讀期間擁有一套電子學習工具 (iPad)。

Each New Form 1 student will be provided with an e-learning tool (iPad) during the study in YY3.



# Featured Curriculum and Programmes 特色課程及計劃

## Self-directed Learning & Experiential Learning 自主學習及體驗式學習

We develop E-learning and Cooperative Learning to enhance the effectiveness of learning and teaching. We incorporate Experiential Learning across the curriculum to allow students to consolidate the knowledge and skills they have learnt through personal experience.

致力發展電子學習及合作學習法，以提升學與教的效能。各科課程加入體驗式學習元素，透過活動及親身體驗鞏固知識。

## Project-based Learning 專題研習

With self-designed and tailor-made STEAM related curriculum, teaching materials and activities for S1 and S2 students, students' ability on cooperation, problem-solving, communication, analysis and self-learning has enhanced systematically.

自訂與STEAM相關的課程及編寫教材，透過不同有趣的活動，有系統地提升中一及中二級學生協作、解難、傳意、分析及自學等能力。



Drone Programming 無人機編程



AI Robotic arm 人工智能機械臂

## Partnership with Hong Kong University of Science and Technology 香港科技大學伙伴協作

Establishing the partnership with the School of Science of HKUST and holding various activities and courses to enhance the knowledge and application in STEAM Education.

與香港科技大學理學院進行伙伴協作，舉辦不同活動及課程，加強學生在STEAM 教育方面的知識及應用。

## Innovative STEAM Education 創新STEAM校本課程

According to the latest innovation development, design School-based STEAM Education. To teach students programming knowledge and skills, design and manufacture intelligence products.

根據最新創科發展，編訂STEAM校本課程，教導學生編程知識及技巧，並設計及製作智能產品。

## Tai Chi Practice 早晨太極操

Students are taught Tai Chi in different stages at respective levels, fostering the habit of doing exercise.

各級分階段教授不同的太極拳法，培養學生終身運動的習慣。

The students attend lectures at HKUST and experience the university life  
同學有機會於科大旁聽課堂，體驗大學生活



Tai Chi Practice 強身健體太極操



# English Learning Environment and NCS Students

## 英語學習環境及非華語學童

### Five Foreign Teachers to Raise Student's English Standards 五位外籍老師提升同學英語水平

Recruit five foreign teachers to enrich the English-speaking atmosphere and to raise the English level of our students so that they can achieve satisfactory results in the public exams and advance into universities.

聘請五位外籍英文老師，增加校內英語環境，使同學擁有良好英文能力，繼而在公開考試獲取理想成績，考進大學。

### Using English as the Medium of Instruction 以英語作為教學語言

Some of the classes and subjects for example Mathematics, Integrated Science etc. use English as the medium of instruction to teach Local and NCS students together.

部分班別及學科以英語作為教學語言。本地學生與非華語學生有機會一同用英語學習數學、綜合科學等科目。

### 'Read to Love: Love to Read' Reading Programme '閱讀·越愛' 計劃

Initiated the reading programme with the aim of nurturing students' reading interest and helping them to develop a good reading habit by enriching the reading atmosphere of the whole school through different activities.

通過推行各類活動以塑造校園的閱讀氛圍，培養學生的閱讀興趣及習慣。

### Teach Unlimited Foundation Mentorship Programme "教育無邊界"計劃

The English Department, in partnership with "Teach Unlimited Foundation Mentorship Programme", organizes a wide range of English activities aimed at helping students who lack resources to develop confidence in English.

英文科與「教育無邊界」合作，舉辦不同類型的英語活動，協助資源不足的學生有更多機會建立對英語的信心。

### Big Brothers and Big Sisters Scheme

#### 大哥哥大姐姐伴讀計劃

Pairing up Local and NCS students let them learn Chinese and English with one another.

一對一配對本地學生與非華語學生，讓他們在中文及英文上互相學習。

### Diversified Programs and Activities

#### Enhance Knowledge and Life Experience

#### 多元課程及體驗活動 豐富知識及生活經驗

Offer diversified outside school activities and, let students participate and share with one another. In addition, English Phonics Courses are offered in junior form to consolidate students' English proficiency.

舉辦不同體驗活動，讓學生走出校園，認識社區。此外，於初中開辦英語拼音課程，鞏固學生的英語基礎。

### Gifted Education School Network 資優教育學校網絡

The English Department participates in the Education Bureau's "Gifted Education School Network" to engage in extensive exchanges in curriculum, teaching methods, teaching materials, and assessment, greatly enhancing students' learning outcomes.

本校積極與外間專業團英文科參與教育局「資優教育學校網絡」，在課程、教學法、教材及評估等多方面進行深入的交流，大大提升學生的學習成效。



全港學界狀元爭霸戰頒獎典禮2023  
THE HONG KONG SCHOOL ELITE COMPETITION AWARDS CEREMONY



香港道教聯合會圓玄學院第三中學  
CHINA HOLINESS CHURCH LIVING SPIRIT COLLEGE

香港道教聯合會圓玄學院第三中學 榮獲  
傑出教育大獎 及 傑出導師大獎

## 校風與學生支援



培育學生具備堅毅、責任感、尊重他人及抗逆能力的良好品行。



## 公益少年團周年大會探暨慶祝香港特區成立25周年

公民責任共承擔 團結同行建未來



CYC Member Merit Award Scheme: Outstanding student volunteers are awarded the Purple Badge (Secondary School Level 3)  
公益少年團團員獎勵計劃：優秀學生義工獲頒授中學高級紫色徽章



Community Service Day 社區服務日



Volunteer service in Feeding Hong Kong 樂餉社義工服務

# Tie with our Society and the World 社會及世界連繫



Greeting our Sister School——Guangzhou Huadu YuenYuenSecondary School  
接待姐妹學校——廣州花都圓玄中學



Beijing Tour  
北京考察團



Kazakhstan Tour  
哈薩克考察團



Voluntary Service Experiential Tour of Taiwan  
台灣親善義工體驗之旅

## Show Care with Action 關心社會 身體力行

Our school holds an annual school-wide service day, allowing students to learn through service and cultivate values of respect, responsibility, resilience, and resolution.

本校每年推行全校性活動「大服務日」，讓學生從服務中學習，培養學生的尊重、責任、抗逆力及堅毅的價值觀。

## Life Ambassador Scheme 生命大使計劃

Encouraging peer support by students, visits to elderly homes with handmade scarves, setting up role models for junior students.

讓學生參與朋輩輔導活動，帶同手織圍巾送暖到老人院等，為學弟學妹樹立良好榜樣。

## Developing World Vision by Study Tours outside Hong Kong 參與境外遊學 擴闊世界視野

Our students have visited Kazakhstan, Japan, South Korea, Myanmar, Malaysia, Singapore, Vietnam and Taiwan to widen the horizon.

學生曾到訪哈薩克、日本、南韓、緬甸、馬來西亞、新加坡、越南及台灣等地進行交流，擴闊國際視野。



To align with the new senior secondary curriculum's "Other Learning Experiences," our school holds activity classes every Friday, offering nearly 50 interest and activity groups categorized into four main types: academic, service, interest, and sports. Many of these teams have achieved recognition, with various external organizations and primary schools repeatedly inviting them to perform and provide services, thereby boosting students' self-confidence.

為配合新高中學制下的「其他學習經歷」，本校逢星期五舉行活動課，為學生開設興趣及活動小組近50個，共分為四大類，分別是學術、服務、興趣及體育。其中，不少團隊屢獲殊榮，不同的外間機構和小學更多次邀請表演及服務，從而增加學生的自信。



Our school focus on cultivating students with potentials in sports and arts. In recent years, several of our students had excellent performances in Rowing, Dragon Boat Race, Rope Skipping and Cricket and are selected to represent Hong Kong in International teams. Our school won the Boys Grade A Overall Champion in the Hong Kong Inter-school Athletics Competition and Inter-school Cross-country Competition and won the boy Grade B Champion in Inter-school Basketball Competition.

本校著重培育具體藝潛質的同學，有多位同學曾於不同項目包括賽艇、龍舟、花式跳繩及板球有超卓表現，入選香港代表隊。本校曾囊括學界田徑賽及越野賽男子甲組團體總冠軍及勇奪學界籃球賽男子乙組冠軍。

Media Coverage  
媒體報導

Sports Unlimited  
體壇無極限



HK01  
香港01



Sportsroad  
體路



#### Star Coach, Mr. Chan Ka Ho 星級教練陳家豪先生

Champion of the Standard Chartered Hong Kong Marathon --- 10km Race (2012, 2017)  
渣打香港馬拉松10公里冠軍 (2012, 2017)  
Champion of the Standard Chartered Hong Kong Marathon--- Half-Marathon (2021)  
渣打香港馬拉松半馬賽冠軍 (2006, 2008, 2021)  
Holder of 4x1500m Relay Records of Hong Kong 香港4x1500米接力紀錄保持者



#### Mr. Wong Wai Chun 黃瑋駿校友

Gold Medal in Men's coxless pair at the 19th Asian Games  
第19屆亞洲運動會 男子雙人單槳無舵艇金牌  
Champion in Men's Pair at the 2022 Asian Rowing Championships & Asian Junior Rowing Championships 2022 亞洲賽艇錦標賽及亞洲青少年賽艇錦標賽 男子雙人單槳冠軍  
1st runner-up in Men's Lightweight Quadruple Sculls at the 19th Asian Rowing Championships 亞洲賽艇錦標賽2019 男子輕量級四人雙槳亞軍



#### Mr. CHAN Chi Fung, Thomas 陳至鋒校友

Indoor Rowing World record holder 室內賽艇世界紀錄保持者  
Champion in Men's Single Sculls at 2022 Asian Rowing Championships & Asian Junior Rowing Championships 2022 亞洲賽艇錦標賽及亞洲青少年賽艇錦標賽 男子單人雙槳冠軍  
1st runner-up in U23 Lightweight Men's 2000m at 2021 World Rowing Indoor Championships 2021世界室內賽艇錦標賽 男子U23輕量級2000米亞軍



#### Mr. Hung Tsz Hin 洪子軒校友

Member of Hong Kong  
Dragon Boat Team  
香港龍舟代表隊成員



#### Mr. Cheng Hoi Ting 鄭鑑霆校友

Member of Hong Kong  
Baseball Team  
香港棒球代表隊成員



#### Wong Wai Nam 黃偉嵐同學

Member of Hong Kong  
Breaking Team  
香港霹靂舞代表隊成員



#### Yeung Kwan Ting 楊鈞婷同學

Member of Hong Kong  
Softball Team  
香港壘球代表隊成員



#### Mr. Wong Tin Yen, Alumni 黃定恩校友

Member of Hong Kong  
Rope Skipping Team  
香港跳繩代表隊成員



#### Mr. Hayat Zakir 沙克里校友

Member of Hong Kong  
Cricket Team  
香港板球代表隊成員



# Sporting Achievements 體育成就

“Sport Legacy” Scheme

Nurture Future Hong Kong Team Member

「奧夢成真」奧翔計劃

培育香港運動精英



Our school participated in the “Sport Legacy” Scheme. The Scheme will provide students with systematic sports-specific training and skill practices to under the professional instructions by the athlete coaches who are current or former Hong Kong Team Members to assist the development of sports and to discover future members of the Hong Kong team.

本校參與「奧夢成真」奧翔計劃，獲安排退役香港隊成員到本校把個人運動專項的知識和技術傳授給學生，協助發展體育運動及發掘未來香港隊成員。





# Outstanding School Facilities 優質校園設施

Since its establishment, our school has applied for and received funding from a total of 21 different quality education projects from the Quality Education Fund, with a total funding amount exceeding HKD 7.4 million. We have utilized the funding to expand and upgrade various facilities in response to the latest educational developments and needs, with the aim of enhancing students' learning interests and outcomes. In addition, the entire school infrastructure has been upgraded with a Wi-Fi 6 wireless network to provide faster and more stable connectivity. We have also purchased 120 tablet computers which are available for students to borrow, creating a more convenient electronic learning environment for both teachers and students to utilize inside and outside of the classroom.

創校至今，本校向優質教育基金申請共21個不同的優質教育計劃，總撥款金額超過港幣740萬，因應教育最新發展及需要而增添各類設施，從而提升學生的學習興趣及成效。此外，全校裝設Wi-Fi 6級別的無線網絡，而且至今已購買120部平板電腦供所有學生借用，為師生提供更為穩定和便利的電子學習環境。



"The Shot" Practice Net 善擊場



Campus TV 校園電視台



Wireless Network Wi-Fi and Tablet Computers Wi-Fi無線網絡及平板電腦



Student Activity Centre 學生活動中心



Studio 錄音室



Wisdom Reading Room 明道書室



Roboverse 機甲坊



Y-POWER Sports Sciences and E-Sports Centre 圓動力運動科學及電子競技館



Chinese Corner 中文閣



Distance Learning Classroom 遙距教室



AEROSTREAM 翺場



English Corner 英語角



Cycling Training Centre 單車訓練中心



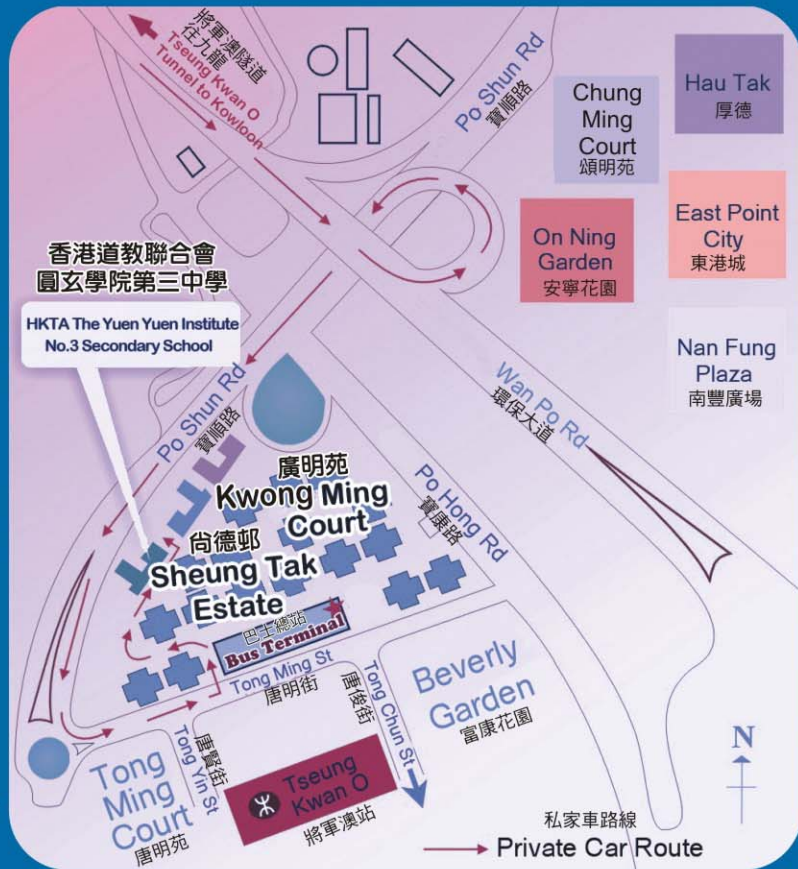
i-Maker Studio 玄創坊



Computerized Art Room 電腦美術創作室



Multi-Media Learning Centre  
多媒體學習中心



## MTR 港鐵

Tseung Kwan O Station Exit A,  
in the direction of Sheung Tak Estate  
將軍澳站A出口，尚德邨方向

## Minibus 小巴 (Starting Point 路線起點)

103M (Clearwater Bay 清水灣二灘)  
108A (Tiu Keng Leng, Hang Hau(North) 調景嶺、坑口北)  
110 (Kowloon City (Waterloo Road) 九龍城窩打老道)

## Bus 巴士 (Starting Point 路線起點)

296A (Ngau Tau Kok Railway Station, Kwun Tong Railway Station  
牛頭角鐵路站、觀塘鐵路站)  
296C (Sham Shui Po (Tonkin Street) 深水埗東街)  
296D (Kowloon Railway Station 九龍鐵路站)  
296M (Hong Shing Garden, Hang Hau Railway Station  
康盛花園、坑口鐵路站)  
290, 290A (Tsuen Wan West Railway Station, via Po Tat and On Tat  
荃灣西鐵路站、經寶達及安達)  
694 (Siu Sai Wan Estate 小西灣邨)  
792M (Sai Kung 西貢)  
796S (Ngau Tau Kok Railway Station, Oscar By The Sea  
牛頭角鐵路站、清水灣半島)  
796X (East Tsim Sha Tsui 尖沙咀東)  
796C (Nam Cheong Railway Station 南昌鐵路站)  
798 (Fo Tan 火炭)  
E22A (Airport (AsiaWorld-Expo) 機場博覽館)

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